

Clackamas Fire District #1

WATER SAFETY MESSAGE

It's a fact; alcohol and water do not mix! Unfortunately, many people ignore this and each year on average 3,000 of them are wrong...dead wrong! More than half of all the people that drown had consumed alcohol prior to their accident.



Being intoxicated is not necessary for alcohol to be a threat to your safety. Just one beer will impair your balance, vision, judgment and reaction time, thus making you a potential danger to yourself and others.

Research shows that four hours of boating, exposure to noise, vibration, sun, glare and wind produces fatigue that makes you act as if you were legally intoxicated. If you combine alcohol

consumption with boating fatigue conditions, it intensifies the effects and increases your accident risk.

Drowning is the second leading cause of accidental deaths for persons 15-44 years of age. What is really surprising is that two-thirds of the people who drown never had any intention of being in the water.

WATER SAFETY TIPS

- **Swim in supervised areas only**
- **Obey all rules and posted signs**
- **Never swim alone - Swim with a buddy**
- **Never rely on toys such as inner tubes to stay afloat**
- **Never mix alcohol with boating, swimming or driving**
- **Don't take chances, by over estimating your swimming skills**
- **Wear a life jacket**
- **The water is COLD – Be prepared**



For more information 503-742-2600
www.clackamasfire.com

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Your Friend for Life!