

Clackamas Fire District #1 WATER SAFETY MESSAGE

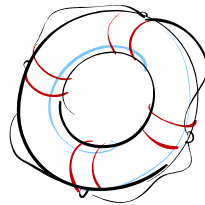


“Preventing Drowning Accidents and Water-Related Injuries”

Drowning accidents are the leading cause of injury/death among children under the age of 5. On average, 4,000 people drown every year. Drowning’s can happen in any body of water and to all age groups. Children under age one most often drown in bathtubs, buckets and toilets, children age 1-4 years most often drown in residential pools and older children, teenagers and adults drown in open water including ponds, lakes and rivers. Drowning can happen during water related activities such as rafting, inner tubing and boating.

Drowning Prevention Tips

- Life Jackets save lives
- Supervise toddlers, preschoolers and children around the water
- Know your limitations - swimming ability and physical condition
- Keep pool area’s fenced off
- Swim in area’s where Life Guards are present
- Swim with a Buddy



Water Safety Tips

- Learn to Swim
- Be a Responsible Boater
- Life Jackets are required for children 12 and under while Boating
- Never mix alcohol with Boating, Swimming or Driving
- Never Swim Alone
- Stay Close to Shore – Stay Out of the Current
- The Water is COLD – Be Prepared



For more information 503-742-2600
www.clackamasfire.com

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Your Friend for Life!